Our presenter Gary used yo-yos to focus the children's attention on his message from NED (Never give up; Encourage others; Do your best). Our show is free because a previous school purchased yo-yos which funded the next school to have a free show. It is termed 'paying it forward'.

Thank you to families for purchasing these yo-yos. Children will always think of NED when they practise their tricks. We use the terminology around the school on a daily basis and it means something to our children who want to save NED from the aliens.

Yo-yos will be on sale for orders only Fri Friday 31 July.

SCHOOL OPINION SURVEY
Please have your say about our school’s performance and how we nurture your child's learning experiences. The following link will take you to a survey which you can complete to have your say in where we go next for our Quadrennial school Review in 2016.

For School Opinion Survey are available at: www.education.qld.gov.au/schoolopinionsurvey

You will need an access code which is available from our Office. This code was in a recent letter sent out to each family. Thank you to the 16 families who have already responded.

ANNUAL FETE - RIDE FOR 4 HOURS FOR $28
We are really excited about our special day on Saturday 8 August. Please support our Rides as we want to ensure that their return in 2016.

Ride Tickets may be purchased at our Office prior to the Fete up till Friday 7 August for $28. On Saturday, the price will be $32.

Our Fete is our biggest fundraiser for the year and we thank our local farmers who contribute to most of our local produce. It can take 2 or 3 Fetes to raise enough money to purchase some of the big items that children appreciate and families value.

BIG 3 RULES - BE A LEARNER @ QB
Easy to remember – our 3 Big Rules
Be Safe
Be Respectful
Be Responsible
Then they will be the best learner they can be!

Regards Mary Franklin
Principal

P&C MEETING
The next P&C Meeting is on Monday 10 August 2015 at 7:00p.m in the Staffroom in B Block.

Thanks, Deb Ballinger (Treasurer).

FETE CAKE DECORATING COMPETITION
Decorate a cake and donate it to enter it into our annual competition. At the Fete vote for your favourite. The cake with the most votes will win a $1 prize of $25.00.

PHOTO NEWS
Student Leader, Student Council, Sports Captain and Year 6 Muck Up Photos are located at the office for viewing and ordering.

QBSS LEARNING TARGETS FOR 2015
Attendance daily – 95% or more
25% or more of students in Top 2 Academic Bands

Improvements in Reading, Writing and Spelling.

Date % Attendance Date % Attendance
Fri 17 July 89.56% Fri 24 July 92.34%
Mon 20 July 90.26% Mon 27 July 90.95%
Tues 21 July 92.58% Tues 28 July 93.97%
Wed 22 July 91.18% Wed 29 July 93.50%
Thurs 23 July 92.61% Thurs 30 July 93.27%

NB Bowen Police Liaison Officer supports families in increasing their attendance rate from below 80% to 95% or higher.

Bingalise PaCE Project Officer supports families in increasing their attendance rates.

SPORTS NEWS
A huge congratulations from the QBSS Community to Rhiannon Nott who competed at the State Golf Championships and placed 5th. This is an outstanding achievement for a student from a small region.

Good luck to all students competing at the Bowen Sub District Athletics Carnival tomorrow. A quick reminder for students to wear school uniforms and not free
dress. Parents are more than welcome to spectate so come along and enjoy the day!

WOOL WORTHS EARN & LEARN STICKERS
Queens Beach State School has registered for Earn & Learn again this year. The stickers are redeemed for educational resources. You can return your sticker sheet to the collection box at the school office or at our local Woolworths.

BOWEN JUNIOR TOUCH FOOTBALL
Are looking for children to play touch football. Games start at 4:30pm next Monday. So come on down to Denison Park and give it a go.

For any enquirers please contact us on Facebook at Bowen Touch Association.

In a NUTSHELL …
Practical and positive advice from your school’s Guidance Officer!

THIS WEEK: GET A GOOD NIGHT’S SLEEP
Sleep restores us both physically and mentally and allows us to function to the best of our ability. Follow these tips to help you and your family get a good night’s sleep:

1. Have a regular sleep pattern – try to go to bed and wake up around the same time
2. Spend the right amount of time in bed – adults generally need 8 hours (some need more and some need less and often you will know what is a good amount of sleep for you). Children always need more than adults!
3. Bed is for sleeping not for entertaining – it’s a good idea to remove TVs/computers and other devices and make your bedroom a place of comfort and relaxation.
4. Wind down before bed time – set aside some time to sort out problems/work out the next day’s tasks and relax before going to bed
5. Avoid day time naps – often these will make it more difficult to sleep at night. If you need a nap, limit it to 20-30mins and don’t sleep 4 hours before bedtime
6. Don’t watch the clock – if you lie there watching the clock, it will make you more anxious. Take it out of the room and concentrate on your breathing in order to go to sleep. Use calming music/ read or visualisations to help you get to sleep.

FANTASTIC 4! MOVIE PREMIERE

When: Thursday 6 August
Where: Bowen Summer Garden Cinemas
Tickets at Hickmott's Supanews
Price: $20 Adult and $12 Child under 13 (price includes a light supper)
Fundraising for Coral Coast Festival Queen Enrant Zoe Brackley